



# Diploma of Counselling CHC51015

## Seminar Timetable 2024– Sunshine Coast

	After Unit 2	After Unit 3	Refer to Course Outline for the Prac you want to complete	Refer to Course Outline for the Prac you want to complete	
	<u>Prac 1A Seminar</u> <u>1 Day</u> <u>Held on Weekends</u>	<u>Prac 2A Seminar</u> <u>1 Day</u> <u>Held on Weekends</u>	<u>Group Practical Day</u> <u>(Any Prac)</u> <u>Held on Weekends</u>	<u>Group Practical Day</u> <u>(Any Prac)</u> <u>Held on Wednesdays</u>	Group Practical Days are designated days where you have the opportunity to collaborate with the practical coach and fellow students to engage in any practical activity of your choice (provided you meet the written unit prerequisites).
Start	9.00am	9.00am	9.00am	9.00am	
End	4.00pm	4.00pm	4.00pm	4.00pm	
Jan	27		28		<p>To streamline the process, all Practical Seminar Bookings will be managed through our Calendly booking system. You can access the booking system by visiting the following link <a href="https://calendly.com/aipcregionalqueensland">https://calendly.com/aipcregionalqueensland</a> (or simply click on the green headings in the timetable).</p> <p>We've observed that, following Prac 1A and 2A, many students transition toward private assessments rather than full-day seminars. These Group Prac days offer enhanced flexibility – you can complete your practical tasks in person, alongside a practical coach and fellow students, during any month of the year. This eliminates the need to wait for a fixed seminar schedule.</p>
Feb		24	10	14	
Mar			23		
Apr	21		27	17	
May		25	19		
June	1		15	12	
July			20		
Aug		10	17	14	
Sept	7		8		
Oct			12	16	
Nov		23	9		
Dec	7		14	11	

**Seminar Times:**

Seminars start at 9 a.m. sharp and last until approximately 3 p.m. or 4p.m

**Address:**

Life Bridge Building – Unit 1/ 87 Aerodrome Rd, (Entrance is on Kippara Lane) Maroochydore QLD 4558

Wednesday group sessions will be held at 32 Pine Grove Rd, Woombye, Qld 4559

**How to Book in a Practical:**

- Make sure you are COMPETENT in ALL relevant units for the practical you want to attend.
- Click on 'Select Practical – In-person' through your student portal under 'Units of Competency'.
- We will be facilitating all Practical Seminar Bookings via our Calendly booking system. Please visit: <https://calendly.com/aipcregionalqueensland> (or click the **green** headings above on the timetable)
- Or you can contact the Regional QLD Student Support Team by email [qldinfo@aipc.net.au](mailto:qldinfo@aipc.net.au) or phone 07 5476 5200 to book in.
- If you owe for your practical fees you will need to make payment at the time of booking.

**CANCELATION POLICY:**

We understand that situations arise in which you must cancel your seminar booking. If this should happen, we request that you provide us with more than 72 hours' notice. This courtesy will make it possible to give your place to another student who would like to attend.

We know that your time is valuable, as is the time of your fellow students and the training staff. Please understand that for group seminars to run well they are heavily dependent upon the commitment and attendance of you, the student.

We know that sometimes the unexpected can occur, therefore, first time no-shows and late cancellations will not be charged a fee. However, repeat offenders will be charged a \$70.00 rebooking fee for cancellations without 72 hour/ or prior notice.

**Things to Note:**

- Numbers are limited so as soon as you are eligible for a practical, we suggest you reach out to book in immediately.
- Please do not book accommodation or take off work before booking in for your practical. Please wait until AFTER as you may not get into the first practical of your choice.
- Please do not try to book in for a practical if you haven't finished the relevant assessments yet.
- Please prepare in advance and thoroughly review the relevant theory for your practical assessment. If you have academic-related questions, please reach out to the tutor line at 1 300 139 239. There are also example videos for you to reference which can be found in your Practical Guide or student portal.
- You can review the Practical Outline but please note this is meant as a guide and your session should not be scripted but rather as free flowing as possible.
- Please bring your own writing utensil and paper to take notes on.
- There are food outlets nearby that you can visit during breaks.



### **Practical Component Pre-requisites**

Each of the practical components relates very closely to the practical application of the theory that you complete in your workbooks. So that you can derive maximum benefit from your practical components, you must have already completed the relevant theory and have been marked competent before applying it in practice. To ensure you have covered the relevant theory before you complete a practical element there are pre-requisites that you must first meet. Each of the practical elements can be completed by attendance at a practical assessment or either of the two alternative assessment options. Each practical is referred to by a topic name.

***These are the Workbooks that you must have received back as 'Competent' before you can complete each of the practical components:***

#### **CDC – CHC51015**

##### **Practical Component Title Pre-requisite**

Counselling Practical 1A Assessment Books 1 & 2

Counselling Practical 2A Assessment Book 3 + Counselling Practical 1A

Counselling Practical 3A Assessment Book 4 + Counselling Practical 2A

Counselling Practical 4A Assessment Book 5 + Counselling Practical 3A

Counselling Practical 5A Assessment Books 7 & 8 + Counselling Practical 4A

Counselling Practical 6A Assessment Book 9 + Counselling Practical 4A

Counselling Practical 7A Assessment Book 10 + Counselling Practical 5A & 6A

Counselling Practical 8A Assessment Books 11 & 12 + Counselling Practical 7A

Counselling Practical 9A Assessment Books 13 & 14 + Counselling Practical 7A

Counselling Practical 10A Assessment Book 16 + Counselling Practical 7A

### **Here's what you'll learn in each of the Practical Assessments:**

The Practical Assessments are designed to provide students with an opportunity to practise and demonstrate the knowledge and skills required to conduct a range of key counselling tasks and fulfil the requirements for the Diploma of Counselling. To help students develop the skills required for effective counselling practice, students will engage in a number of different role-plays with three different 'clients' during the first seven practicals of the course. By simulating counselling with these three 'clients' over a number of different role plays students will gain a better understanding of the counselling relationship and processes. The first four practicals are completed in order. The fifth and sixth practicals can be completed out of sequence while the final three practicals (which explore more specialist counselling areas) can be completed in any order as long as the pre-requisite assessment books are complete.

**Counselling Practical 1A** - provides students with the opportunity to practice and demonstrate the knowledge and skills required to conduct an introductory counselling session with one 'client' and utilise appropriate communication skills to establish the counselling relationship. Students will apply skills in building rapport, contracting, developing counselling plans, and assisting the client in decision-making processes.

**Counselling Practical 2A** - students will build upon the skills they developed in Counselling Practical 1A. Because these skills are fundamental to effective counselling practice, students will be provided with an opportunity to explore different techniques for meeting these fundamental counselling requirements and demonstrate these skills in additional role-plays with two more 'clients'.



**Counselling Practical 3A** - provides students with the opportunity to practice and demonstrate the knowledge and skills required to continue the counselling relationship and process with two of their 'clients'. Students will apply skills in building the therapeutic relationship, drawing out the client's story, and developing case conceptualisations based on various counselling, personality, and development theories.

**Counselling Practical 4A** - students will build upon the skills that they have developed in earlier practicals and be provided with an opportunity to apply middle phase counselling skills such as continuing the counselling relationship and developing behavioural change programs that can meet a client's specific counselling goals.

**Counselling Practical 5A** - provides students with the opportunity to practice and demonstrate the knowledge and skills required to use two of the most commonly used approaches in counselling – cognitive behavioural therapy and solution focused therapy. Students will apply techniques from each of these approaches to their on-going counselling work with two of their 'clients'.

**Counselling Practical 6A** - provides students with the opportunity to practice and demonstrate the knowledge and skills required to use another commonly used approach in counselling - acceptance and commitment therapy. Students will apply techniques from acceptance and commitment therapy to their ongoing counselling work with one of their 'clients'.

**Counselling Practical 7A** -students will practice and demonstrate the knowledge and skills required to bring the counselling process to an end, or to re-contract as appropriate, with their three 'clients'.

**Counselling Practical 8A** - provides students with the opportunity to demonstrate skills in more specific areas of counselling practice including providing brief interventions and providing loss and grief support.

**Counselling Practical 9A** - provides students with the opportunity to demonstrate skills in more specific areas of counselling practice including providing individualised support to a client as part of a larger case management plan and providing appropriate support to a client experiencing mental health issues.

**Counselling Practical 10A** -provides students with the opportunity to demonstrate skills in more specific areas of counselling practice including responding effectively to clients who are in a state of crisis.