

Module Two | What causes Bullying?

Activity One

A piece of cake

Often bullying incidents can occur from misguided interpretations of behaviour. A cake diagram will be used to illustrate that there are many sides to a story; therefore there can be different causes of bullying. This activity involves the bully student, the targeted student and the bystanders giving their explanation of what occurred and why. The purpose is to have the students realise they need to question their actions before making quick judgements.

Materials Required

Board and chalk/marker



Have the bully student, the targeted student and bystanders all together. Explain that you will need to get the story of the incident from each student.

Ask each student what happened and why. Record this on the board.



On the board, draw a large circle and divide the circle into segments (like slices of a cake) according to how many students are involved. In each slice of the cake, write the students account of the incident and why.



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Step Three

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Look at the different perspectives given as to why the bullying incident took place. Is there more than one reason for the incident?



With more than one reason given for the cause of the incident, suggest there is more than one way of behaving. Be clear that the behaviour that occurred was wrong, ask students what could have been done differently that did not involve the targeted student getting hurt and would have stopped the bully student from getting into trouble for bullying behaviour.

