

# Intervention Activities

**AIM :** For students involved 1) to identify bullying behaviour and the feelings attached to the incident, 2) to gain an understanding of the impact of the incident on the targeted student by the bully and 3) to seek a resolution for alternative behaviour that is not detrimental to any student.

## Level A – Prep to Grade Three

### *Behaviour and Feeling Box*

This activity involves the students identifying the behaviour as bullying behaviour and focuses on students gaining an understanding of the feeling this behaviour provokes. Students undertake a solution focused approach by rehearsing more appropriate behaviour through a role play.

## Level B – Grade 4 to 6/7

### *Saving Face in the Code of Conduct.*

This activity has the bully acknowledge how the behaviour breaches the school rules while also providing the bully with an opportunity to understand why the behaviour occurred. The bully and the targeted student are exposed to the notion that the intent may not have been to bully but the behaviour was bullying. The bully is provided with more appropriate alternatives to achieve the real intent.

## Level C - Grade 6/7 to Grade 9

### *What would your friends say about that?*

This exercise uses the influence of peer support groups by involving not only the bully and the targeted student but also the bystanders. The aim is for the targeted student and peer group to gain different perspectives on the bully's behaviour as well as the bully and the peer group to gain an understanding of the effect of bullying behaviour.

## Level D - Grade 10 to Grade 12

### *Super Nanny meets Judge Judy*

This activity directs students towards what is appropriate behaviour and inappropriate behaviour. Students are then asked to look at the consequences of inappropriate behaviour. This activity also allows students to question the appropriateness of the school's response to bullying behaviour.

## Super Nanny meets Judge Judy

This activity directs students towards a greater understanding of what is appropriate behaviour and inappropriate behaviour. Students are then asked to look at the consequences of inappropriate behaviour. This activity also allows students to question the appropriateness of the school's response to bullying behaviour.

### *Materials required*

Copy of school policy on bullying including consequences for breaches of behaviour

### *Step One*

Meet with each of the respected students involved, including the bully, the targeted student and the bystanders (separately) and ascertain an account of the incident. Reinforce school rules of what is acceptable behaviour and what is not acceptable behaviour.

### *Step Two*

Ask each student their interpretation of the consequences for breaking school rules in regard to this incident. Confirm or enlighten students with corrections. Do they consider the consequences appropriate? What alternative consequences could they suggest? When consequences are decided upon and acted upon, review the students' relationships on at least two occasions to ensure there is no payback behaviour.

### *Step Three*

Possibly offer students suggestions as part of the school's anti-bullying behaviour management process.